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Primal Kettlebells



SKU: NT-10040
NLARGED HANDLES FOR ENHANCED GRIP STRENGTH

Kettlebells are an awesome workout tool that can train your entire body. Unfortunately, while they have gained in popularity they are still underutilized by many weightlifters and bodybuilder types.

People would throw them around for entertainment and around the year 1900 Dr. Vladislav Krayevsky, a Russian fitness pioneer began using them in for strength and bodybuilding and they slowly grew in popularity from there.

Then CrossFit came along and the kettlebell popularity really exploded. Now almost every gym has a section of kettlebells, some gyms use them more than others it usually depends on what type of clientele they have and what type of gym it is.

GORILLA 72 LBS / 2 POODS
ORANGUTAN 54 LBS / 1.5 POODS
CHIMP 36 LBS / 1 POOD
HOWLER 18 LBS / .5 POOD

Powder Coated Kettlebells



SKU: NT-10041
Features

- High quality cast iron kettlebell with durable and comfortable powder-coated finish
- color black with color-coding by weight Cast from solid iron
- Eleven weight levels
- Can be used indoors and outdoors
- Available in different kettlebell sets to suit your needs.
- Kettlebells workout for advanced training or kettlebell for beginners
- Powder coating for a very long lifespan
- Machined wide flat base eliminates wobble and provides a solid foundation for floor work
- Standard RKC/SFG sizing and weights
- Kettlebells weights are available in 4 kg, 6 kg, 8 kg, 12 kg, 16 kg, 20 kg, 24 kg, 28 kg, 32 kg, 36 kg, 40 kg, 44 kg, 48 kg, 52 kg, 56 kg, & 60 kg.

Competition Kettlebells



SKU: NT-10042

Features

- Competitive kettlebell lifting and dynamic strength training
- Heavy-duty competition kettlebell
- Increases your dynamic flexibility
- Standard competition-size
- All sizes are the same diameter
- Easy to grip stainless steel handle and wide flat base for better control
- Made with solid steel shell
- Unpainted, sanded handle for improved grip and stability

Adjustable Kettlebell



SKU: NT-10014

The 10 to 40 LB Adjustable Kettlebell is extremely sturdy and strong and can handle some pretty intense training routines. You can easily perform high rep or low rep workouts of the same movement by simply adjusting the weighted plates with the slide of the lever!

Our beautiful adjustable & compact system makes it easy to get in an incredible workout without taking up any space. Integrate this adjustable kettlebell into your workout routine to target and tone a variety of muscles across your entire body.

To adjust the weight on this kettlebell, simply place your thumb or index finger in the circle on the top of the kettlebell and slide towards you.

Next, rotate the lever all the way to the right to unlock the weight plates in the center.

Finally, remove the plates to select your desired weight, then slide the lever on the top back towards the left in the locked position.

7 Kettlebells in One, the Kettlebell Adjusts to 7 different settings:

- 40lbs
- 35lbs
- 30lbs
- 25lbs
- 20lbs
- 15lbs
- 10lbs

Easily dialing in the resistance that best suits your fitness level or current exercise needs. Enjoy a full range of resistance for different strength-building or CrossFit workouts.

Enjoy the benefits that come with including kettlebells in your training routine with the Ntaifitness 40-pound Adjustable Kettlebell.

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