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Bench Press



SKU: ROCKBOYE-1003

Technical Specifications

Overall Dimensions (L x W x H)	181 x 159 x 127 cm / 71" x 63" x 50"
Shipping Weight	84 kg / 185 lbs.
Total Weight	76 kg / 168 lbs.
Cushioning	Iced Silver
Over-sized Frame Tubing	Yes
Frame Color	Easy-to-follow instructions illustrate proper use and muscles trained
Frame finish	Proprietary two-coat powder process

Important: The Olympic Flat Bench is a built-to-order product and may require a 3-6 week lead time. The Flat Bench shown above uses a custom color configuration. Manufactured in China.

This product is designed solely for use in commercial fitness settings.

Olympic Incline Weight Bench



SKU: ROCKBOYE-1004

Technical Specifications

Overall Dimensions (L x W x H)	190 x 159 x 145 cm / 75" x 63" x 57"
Shipping Weight	107 kg / 235 lbs.
Total Weight	87 kg / 191 lbs.
Cushioning	Iced Silver
Over-sized Frame Tubing	Yes
Frame Color	Easy-to-follow instructions illustrate proper use and muscles trained
Frame finish	Proprietary two-coat powder process

Important: The Olympic Incline Bench is a built-to-order product and may require a 3-6 week lead time. The Incline Bench shown above uses a custom color configuration. Manufactured in China.

This product is designed solely for use in commercial fitness settings.

Flat Bench Press



SKU: ROCKBOYE-1006

Technical Specifications

Dimensions (L x W x H)	1140*680*450
Machine Weight	27kg
Cushioning	Contoured cushions utilize a molded foam for superior comfort and durability Pads have plastic backers to protect and increase durability
Instructional Placards	Easy-to-follow instructions illustrate proper use and muscles trained
Hand Grips	Grips retained with aluminum collars, preventing them from slipping during use; Hand grips are an extruded thermo rubber compound that is non-absorbing and wear-and-tear resistant

Adjustable Abdominal Weight Bench



SKU: ROCKBOYE-1016

Technical Specifications

Dimensions (L x W x H)	1642*791*854
Machine Weight	68.54kg
Cushioning	Contoured cushions utilize a molded foam for superior comfort and durability Pads have plastic backers to protect and increase durability
Instructional Placards	Easy-to-follow instructions illustrate proper use and muscles trained
Hand Grips	Grips retained with aluminum collars, preventing them from slipping during use; Hand grips are an extruded thermo rubber compound that is non-absorbing and wear-and-tear resistant

Adjustable Gym Bench



SKU: ROCKBOYE-1019

Technical Specifications

Dimensions (L x W x H)	1329*690*491
Machine Weight	49.94kg
Cushioning	Contoured cushions utilize a molded foam for superior comfort and durability Pads have plastic backers to protect and increase durability
Instructional Placards	Easy-to-follow instructions illustrate proper use and muscles trained
Hand Grips	Grips retained with aluminum collars, preventing them from slipping during use; Hand grips are an extruded thermo rubber compound that is non-absorbing and wear-and-tear resistant

Olympic Decline Bench Press



SKU: ROCKBOYE-1024

Specifications

Technical

Specifications

Dimensions (L x W x H) 1270*1350*1620

Machine Weight 67kg

Cushioning Contoured cushions utilize a molded foam for superior comfort and durability
Pads have plastic backers to protect and increase durability

Instructional Placards Easy-to-follow instructions illustrate proper use and muscles trained

Hand Grips Grips retained with aluminum collars, preventing them from slipping during use; Hand grips are an extruded thermo rubber compound that is non-absorbing and wear-and-tear resistant

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